

WARREN SENTINEL



"Jolly Rogers"

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Need relief? *Servicemembers Civil Relief Act can protect you* **5**

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A DAY TO REMEMBER ...

Col. Allen Jamerson, 90th Security Forces Group commander, places a wreath at the Beth El cemetery during a Memorial Day wreath laying ceremony Monday.

Photo by Airman 1st Class Tessa Cubbon

Warren's
youth
sports
program

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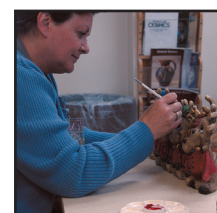
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farewell to
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Commentary

Safety: It's a mission thing

Lt. Col. Jeffery Smith
320th Missile Squadron commander

As I write this, we're finishing up Memorial Day weekend. This long weekend kicks off the "101 Critical Days of Summer," a period when we can expect to see increased accidents, injuries and even fatalities among Airmen. Any statistical increase will raise a number of questions. Is this a significant increase? Is it indicative of a larger issue? Why should I care?

While I was chief of safety here, I remember trying hard to understand this increase in incidents—do our people take more risks in the summer? Is this just the season for riskier activities? I don't think we really understand all the reasons we see this spike in accidents—we just know we will see a spike and do our best to try to prevent it.

But as a commander, one thing I don't have to try at all to understand is why I should care. In the end, it always comes down to performing the mission. Like every commander, I have a limited pool of resources to accomplish our squadron's mission every day. Of those resources, the most precious and irreplaceable is the people. We absolutely must have 10 crewmembers, five facility managers and five chefs on the job every day. If one of those individuals gets hurt, someone else will have to fill that position.

Many of our jobs in the 90th Space Wing are like that. Whether or not any individual security forces, maintenance or operations group member is available tomorrow, we will still secure, maintain and operate the same number of ICBMs. Other groups' responsibili-

ties are no less critical to this wing's mission. So if you got hurt this weekend and are unable to pull your tour, alert or shift, someone else in your squadron just became a no-notice "volunteer" to pull your share of the load. Or, to put the shoe on the other foot, if your buddy got hurt you just "volunteered" to cover his or her shift.

Where I come from, in rural Georgia, the kind of activity likely to result in injuries or property damage was usually preceded by a phrase that should have let us know that an accident was waiting to happen—"y'all watch this." Right after one of my friends would say "y'all watch this," he'd pour gasoline on a fire, execute a hand brake u-turn, drink a quart of whiskey, pass a slow-moving truck in the breakdown lane, or something equally poorly thought out and equally likely to result in an unfortunate outcome. I guess I'm lucky to have survived—not all my friends did.

A little thought could prevent these unfortunate outcomes. Maybe there's a safer way to do something—or maybe it just doesn't need to be done at all. We've all been taught to apply opera-

Safety, Page 3

Summer season of servicemember safety

Lt. Gen. John Bradly
Air Force Reserve
Command commander

WASHINGTON (AFPN) -- "There are no second acts in American lives," F. Scott Fitzgerald once wrote.

Memorial Day Weekend signals the start of summer, traditionally a time of fun and sun. During the 101 Critical Days of Summer, we sometimes try to do too much because of the extra sunlight.

Here are suggestions on how to keep healthy and safe this summer:

Alcohol consumption -- Don't drink and operate vehicles, such as automobiles, boats, jet skis, etc. If you drink, do it moderately and always appoint a designated driver.

Traveling -- Be sober, vigilant and well-rested. Ensure everyone wears a seatbelt.

Watercraft -- Know your craft and use personal flotation devices. Use caution when operating boats and jet skis, staying away from other boaters, swimmers and jet skiers.

Motorcycles and all-terrain vehicles -- Don't operate any of them without proper training and personal protective equipment. Always remain vigilant

and drive defensively.

Outdoor activities -- Before and after athletic activity, take a short moderate-to-brisk walk to improve circulation rather than stretching, which experts say contributes to muscle strain. Know your limits and don't overdo it. Avoid prolonged exposure to the sun, use sunscreens and drink plenty of water.

Swimming -- Swim with a buddy in known waters and don't drink.

In the past few years we've been made more aware of the need for diligent force protection. We need to apply this same kind of vigilance off duty during the 101 Critical Days of Summer.

Most mishaps involve one or more of the following factors: alcohol, fatigue, darkness, bad weather, poor judgment, inappropriate risk-taking. Let's use common sense, plan ahead and be prepared.

An "it-will-never-happen-to-me" attitude is not a guarantee but rather a recipe for disaster. Take care of your family and your Air Force family. Be alert and prevent incidents that could cause a lifetime of regrets.

Let's all enjoy the months of summer, but let's enjoy our off-duty time responsibly.

— Warren —
SENTINEL

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Commentary

Safety, from Page 2

tional risk management on the job.

Since the majority of reportable accidents in the Air Force occur off-duty, the next step is to apply the same techniques there.

Think about what you're doing

(or about to do), identify potential hazards, and consider alternatives that pose less risk.

Being a good wingman requires that we not only do this for our own activities, but that we also help our friends and

co-workers do this for their activities when we can. Time off is important to all of us, so I humbly offer the following advice to protect your precious free time. The next time your friend says "y'all watch this,"—or whatever

passes for that critical warning in this time and place—encourage them to stop and consider what might, and probably will, go wrong before they "volunteer" you to pull their shift, or worse, carry their coffin.

6 by 10

Base turns to renewable energy to cut costs

1st Lt. Darrick Lee
Public affairs

Warren held a groundbreaking ceremony here Thursday to announce construction of two wind energy turbines.

The project is the first Air Force initiative of its kind in the continental United States, and is a joint effort between the base and its parent command, Air Force Space Command.

"We've got two turbines that are going to be installed, and they are going to generate enough electricity that roughly equates to a little over 500 hundred households of energy on the base," said Lt. Col. Joe Ballard, 90th Civil Engineer Squadron commander.

"It's the first construction of its kind that the AF has done. It's using a renewable energy source."

The turbines will help Warren comply with an executive order to use renewable energy sources while helping the base meet its annual energy goals, according to the 90th Civil Engineer Squadron.

The wind farm, which will be built within the northern perimeter of the base, can produce enough energy to power 522 homes annually, according to a Warren point paper.

AMEC Earth and Environmental,



Photo by 1st Lt. Darrick Lee

The Mighty Ninety digs deep May 26 to break ground for the construction of two wind energy turbines on base.

an international project management and services company with offices in Lakewood, Colo., has been awarded the construction contract.

The project is scheduled to be completed in September. Funding for the

project came from the Department of Defense Energy Conservation Investment Program.

"The two turbines we're installing now were funded at a little over 2.2 million," said Colonel Ballard.

"We appreciate all the support from the local community," Colonel Ballard said. "The town and the base grew up together and it's really evident that relationship just got stronger as the years went by," he said.

Servicemembers find relief, protection

Courtesy of Judge Advocate General

The Servicemembers Civil Relief Act, previously known as the Soldiers and Sailors Relief Act, was recently amended to further protect servicemembers.

SCRA is a program designed to protect persons serving on active duty from adverse consequences to their legal rights that may result from such service. Some SCRA protections apply to reservists and guardsmen called to serve on active duty. Other protections apply to members who are just entering active duty; members whom have always been on active duty; and, military dependents including spouse, children, and those you provide with more than one-half of their support.

You must take action ei-

ther before or during your activation to be afforded some protections, while other protections allow you to take action within 30 to 180 days after completing an active duty assignment. Yourself, a person you've delegated the ability to exercise your rights under a Power of Attorney, or an attorney, may assert your rights. You may contact any military legal assistance office with questions. The "Legal Assistance Locator" includes contact information for many military legal offices at: <http://assistance.law.af.mil>. Also, an "SCRA Fact Sheet" is located under "Essentials" on this website: <http://legalassistance.af.mil/index.php?tabid=1>.

The following is a listing of primary SCRA protections:

Administrative or Court Proceeding: If you are involved in an administrative proceed-

ing of any kind or a civil court case and cannot appear because of your military service, you may request an automatic 90-day delay, and request additional delays, while serving on active duty or within 90 days after completing an active duty assignment.

Automobile Lease: You may terminate an automobile lease that was entered into before: (1) being called to active duty for a period of 180 or more days; (2) receiving orders for a permanent change of duty station outside the U.S., or from a duty station outside the U.S.; or (3) deploying with a military unit for 180 days or more.

Rental Lease: You may terminate a rental lease that was entered into before: (1) being called to active duty; (2) receiving orders for a permanent change of duty station; (3) deploying with a military unit for 90 days or more; or (4)

separating or retiring from the military.

Contracts: A creditor cannot terminate an installment contract for the purchase, lease or bailment of real or personal property, such as an automobile, that you entered into before serving on active duty, without a court order.

Eviction: You or your dependents cannot be evicted from your primary residence while serving on active duty without a court order. Even with a court order, evictions could be delayed 90 days.

Foreclosures and Forced Sales: A mortgagor or lien holder cannot foreclose a mortgage or enforce a lien on property you acquired before serving on active duty.

Interest Rates: On purchases you made before serving on active duty, interest-rate payments cannot be over 6%—including credit

cards and mortgages but not student loans.

Insurance: Private professional, health or life insurances that you acquired before serving on active duty cannot be terminated if your military service affects your ability to pay the premiums. You may also suspend such insurances while on active duty.

Judgments: A default judgment cannot be entered against you while on active duty without a court-appointed attorney. Such judgments may be reopened within 60 days after active duty.

State & Federal Income Taxes: If active duty service materially affects your ability to pay state or federal income taxes, such taxes may be deferred. You are subject to state taxes based on your military income or other property, such as a car, only to your state of legal residency.

Briefs

History office requests help

The 90th Space Wing Historian office is currently writing the 2002 through 2005 wing history. To accomplish this, the historian office is collecting photographs and mission related documents as supporting documentation and also to archive the events for future generations. If you are able to assist, contact the 90th Space Wing Historian office at: 90SW.HO@warren.af.mil.

Privatization proposal

Warren is proposing to privatize all of the military family housing on the installation. A private entity would assume responsibility for constructing, demolishing, renovating, maintaining, and managing the housing units. The base is soliciting public comments on the draft environmental assessment for this proposal. A copy of the draft will be available for 30 days at the Laramie County Library information desk, 2800 Central Ave., and at the base library, Building 214. The comment period will end June 8. All comments must be submitted in writing to 90 CES/CEVP, 300 Vesle Dr, F.E. Warren AFB, WY 82005 and must be post-marked no later than June 8.

Physical Therapy Clinic is moving

The Physical Therapy clinic will be moving from the main clinic in Bldg. 160 to the Health and Wellness Center located in bldg 475 (co-located with Freedom Hall Fitness Center). The Physical Therapy department will be closed on 17 Jun, but will reopen at the HAWC on 20 Jun 05. The phone numbers for the PT clinic will remain the same; 773-3406. If you have any questions, please contact the physical therapy clinic at the above phone number.

Peterson hosts air show Saturday

Tech. Sgt. Steve Goetsch
Public affairs

Come down to Peterson AFB, Colo., for an air show featuring the U.S. Air Force Thunderbirds – the Air Force’s premier aerial demonstration team. Don’t miss the best Air show ever! Gates will be open from 7 a.m. - 6:30 p.m. Admission and parking are free, however, space is very limited and people are encouraged to carpool. There will be plenty of shuttle buses on the base to get people to the show. Up to 150,000 people are expected to attend this event. As with any event of similar size, please plan to arrive early, but be prepared for unexpected delays. There will be something for everyone: static displays, entertainers, the Air Force NAS-CAR showcar, an enlistment ceremony performed by a Thunderbird pilot, concessions, shopping, a hangar full of children’s activities, autographs from the Thunderbird pilots, and much, much more.

The Thunderbirds will sign autographs following the show, so bring a pen or marker if you have something special you’d like them to write with. Performances will be from 10 a.m. – 3:30 p.m. Performers include:
Military Performers
- The U.S Air Force Thunderbirds
- “Wings of Blue,” U.S. Air Force Academy parachute demonstration team
- B-1 fly-by
- A-10 fly-by
- C-130 fly-by
- F-18 demonstration team out of Naval Air Station Lemoore
- F-15 east coast demonstration team out of Langley
- Will do a heritage fly-by with a P-51 Mustang
- Solo aerobatics
Civilian Performers
- WW I aircraft
- B-25 “Miss Mitchell” fly-by
- Tuskegee T-6 fly-by
- P-51 Mustang
- Hang gliders
What you can bring:
Diaper bags are permitted if infant is present
Small cooler to hold infant

formula/medicine
Binoculars, cameras and video cameras with appropriate bags are permitted, as are purses and fanny packs
Medical equipment/medicine
Folding chairs
What you can't bring:
Weapons of any kind to include: firearms, knives, blow guns, sling shots, air rifles. Personnel with Concealed Weapons Permits are not authorized to carry a weapon on Peterson AFB
Coolers
Bags larger than 8 x 11 inches
Nontransparent drink containers
Only factory-sealed soft plastic, transparent containers that are 32 ounces or less will be permitted on Peterson AFB. Any non-sealed soft plastic containers will require the contents to be emptied prior to entry.
Water will be provided, as well as other drinks are available for purchase
Alcoholic beverages of any kind
Roller Blades, Skate Boards, Bicycles
Only seeing eye dogs are authorized.
Any item deemed dangerous or unsafe by security personnel.



Staff Sgt. Bennie Davis III



Construction Corner

Road Closure Update

Both lanes of Randall Avenue near the flag pole area reconstruction site are scheduled to be open and available for traffic on Monday. North Argonne and North Cannon will continue to be closed. North Argonne will be opened for one day only on June 15 for the 90th Space Wing change of command ceremony. The Fort Warren Avenue curve near the flag pole area reconstruction site is scheduled to be closed on June 16 and is scheduled to be closed along with North Argonne and North Cannon until 15 July. For more information, contact 1st Lt. Dustin Born at 773-6016.

20 AF DO retires; says family key to success

Airman 1st Class Lauren Sixbey
Public affairs

After 37 years of service, the 20th Air Force director of operations retires today leaving behind a career that has taken him to nine states and three continents.

Col. Ed Bergemann enlisted in the Air Force in 1968 at the age of 19; thirteen years later he received a commission through the Officers Training School.

He spent his enlisted years as an avionics technician where he was stationed in Florida, Illinois, Texas, Japan and Germa-

ny. When his schedule was such that he worked regular hours he began pursuing a bachelor's degree. Through night classes and by taking CLEPs and DANTES Colonel Bergemann graduated summa cum laude from Troy State University, Ala., in 1980 with a degree in applied science in resource management.

"If you have an education, no one can take it away from you," said Colonel Bergemann who now holds two masters degrees.

A technical sergeant with a line number for master sergeant, Colonel Bergemann was accepted into OTS and began his

career in space and missiles.

"I had no idea what a missile launch officer was," he said.

Now Colonel Bergemann is a master missileer, a space operator and a fully qualified joint specialty officer.

Even though his career has taken him all over the world, Colonel Bergemann said the 18 months spent at Cavalier Air Force Station, N.D., has been his most favorite assignment.

"I was given an opportunity to be an installation commander and an operations commander with my boss 2,000 miles away," he said.

Now a father of three

married daughters and eight grandchildren, Colonel Bergemann said he gives credit for all the success he's had to his family. While writing papers for school, his wife would take his drafts and type them, while his daughter in elementary school would look up every word more than four letters long in the dictionary.

After his retirement Colonel Bergemann and his wife will move to Houston where two of his daughters and five of his grandchildren live. There he will seek employment in the teaching and education sector.

He said that after 37 years



Photo by Liz Saucier

in the Air Force he's looking forward to the challenges that a new way of life will bring.

20 AF CV leads by example

Airman 1st Class Tessa Cubbon
Public Affairs

After a 26 year Air Force career, the 20th Air Force vice commander retired here Wednesday after creating his own definition of a leader.

The dictionary defines a leader as, "One who leads." But, according to Col. John Faulkner, a leader is something much, much more.

He believes a leader is someone who elicits greater performance from a group of people than with out the leader.

He was born in Des Moines, Iowa, but grew up in Pittsburgh. In June of 1979, at the age of 21, Colonel Faulkner joined the Air Force to serve his country, and to do something great with a group of people.

Of all the places he's been stationed, Warren was his favorite assignment. He loved it so much, in fact, he asked to be stationed here twice.

It was the first time he had supervised a large group of people, and he said he had a great commander.

"I had freedom of initiative," he said.

His career-defining moment was in 1989, when he first came here. As an ops guy, he was used to taking care of himself: checking out his own vehicle, taking care of paperwork, getting his own equipment, etc ... When he first arrived on the maintenance side of things, he met with a technical sergeant and master sergeant to arrange going out to the field to visit a site. The first thing the master sergeant asked was, "What time and where should we pick you up, sir?"

Taken aback by the question, Colonel Faulkner responded with his home address and went on his way. But the master sergeant's question burned in his mind. The colonel decided his personnel felt he had more important things to do than arrange for transportation or attend to any of the other details he usually would have.

And that was his transition from being a technician to an officer.

Now that his career has come to a close, he's looking toward a new way of life. He's accepted a position with Scientific Applications International Corporation in Albuquerque, N.M. He will manage a team providing support to DoD activities.

One of his first priorities in choosing a new place to settle down is his daughters education.

"The kids and school have always been the primary focus," said Colonel Faulkner whose daughter has just finished her freshman year of high school.

Being a parent is one of the best preparations for being a squadron commander. It includes the same sense of love and duty.

"It takes a lot of work," he said. "Sometimes you wonder if you're making a difference."

And he feels he has.

His parting advice to young lieutenants and Airmen is this, "Integrity and hard work never go out of style. Work your bosses agenda; work it tirelessly. I've seen that work for an Airman and a two-star general. It doesn't take away from creativity."

And after 26 years of serving his country, he hopes he's been a leader.



Photo by Airman 1st Class Tessa Cubbon

Chief reminisces about 30-year AF career

Senior Airman Tonnette Boyd
Public affairs

On Monday, Chief Master Sgt. Mary Dixon, superintendent of the 90th Mission Support Squadron, will retire after 30 years of service.

Chief Dixon entered the Air Force in 1975, serving first at Homestead AFB, Fl. She was assigned to one of two WAF Squadrons, which stood for Women in the Air Force.

Twenty-one years later she was promoted to chief while serving in the RED HORSE squadron. She then went on to push for the Air Force's first computer-aided drafting school.

"I believed it was really time for the Air Force to do this so I went to Sheppard and pleaded my case," said Chief Dixon.

"I told them we needed to progress, in the civilian sector they're already exploring computer drafting.

"Then I attended a conference, where with the help of Master Sgt. Robert Ells I pitched the idea to the commander and deputy of Tactical Air Command. They gave me \$30,000 for the equipment, instructor and classroom, I headed up the first few nerve-racking classes myself, and it was launched. Now the school has been incorporated into the basic class at Fort Leonardwood, Mo. Technology has affected every single job we do in the military. We have to keep up with it, and that requires taking new steps," said Chief Dixon.

Since Homestead, Chief Dixon has been stationed in New Mexico, Korea, Arizona, Germany, the Caribbean, Cuba, Haiti and Guam, where her son was born in 1981. In Cuba she set up camps for both the refugees and prisoners, sometimes one within the other.

"When the Cubans said let the

refugees go to the United States, Castro said fine, since it gave him a chance to clean out his prisons. We had to set up a prison camp within the refugee camp. There were no AFIs on how to do it, we basically went by the seat of our pants," said Chief Dixon.

In recalling her career, Chief Dixon is sometimes surprised at how much time has passed. "Perhaps the best sign of aging is remembering bases where I used to serve, then realizing they no longer exist," she said, referring to Homestead, among others. "When I pulled my duty history while out-processing, it only went back electronically to 1986. I have one beyond that of course, it just wasn't computerized back then!"

More than the legacy of the drafting school, Chief Dixon hopes her contributions to the Air Force have an even greater lasting effect.

"I had to be a little bit smarter to get around some of the roadblocks, and I sincerely hope that it made a difference, that women coming in today don't have to face what I did," said Chief Dixon.



Photo by Liz Saucier



Right: Judy Plummer, the picture framer at Warren's Multi-Skills Center, measures a picture to be framed Wednesday.

Get creative

Brush up on your crafting expertise at the Multi-Skills Center



Top: Brenda Russel, the Multi-Skills Center Ceramics Expert, puts the finishing touches on a ceramic statue of reindeer Wednesday.

Left: Al Chandler, Warren's Wood Craft Instructor, slices a piece of wood for a project at the Multi-Skills Center Wednesday.



Speed kills

Follow AF requirements for safe summer riding

Tech. Sgt. Jerry Fenwick
90th Space Wing Safety

Summer is almost here and with it comes motorcycle riding weather.

To keep all of our riders safe, now is the time to review the Air Force requirements concerning motorcycle riding and required safety equipment. The following regulations are taken directly from AFI 91-207, The USAir Force Traffic Safety Program.

Requirements for motorcycle, motor scooter, and moped operations on Air Force installations and for operation by military personnel off Air Force installations include the following:

- Only operators may ride mopeds - no passengers.
- Headlights must be on.
- Must have rear-view mirrors.
- Operator and any passenger must wear a protective helmet.

Note: Helmets must meet, as a minimum, Department of Transportation standards and be properly worn and fastened. Helmets may also meet other standards such as the Snell Memorial Foundation or the American National Standards Institute.

- To increase visibility of

riders, they are encouraged to affix reflective material to their helmets.

- Operator and any passenger must wear impact resistant goggles or a full-face shield on their helmet.

Exception: Goggles or a full-face shield are not required for the operator if the motorcycle is equipped with a windshield that is equal in height to or above the top of the helmet of the properly upright-seated operator.

- Wear brightly colored or contrasting vest (at least two colors) or jacket as an outer upper garment during the day and reflective during the night. The outer upper garment needs to be clearly visible and not covered.

- Long sleeved shirts or jackets, full-fingered motorcycle gloves or mittens, and long trousers must be worn.

- Wear sturdy footwear. Leather boots or over-the ankle shoes are strongly encouraged.

Military personnel must follow these requirements at all times. It does not matter if you are on-duty or off-duty, on station or on leave, on-road, off-road or TDY. If you are riding a motorcycle as an Air Force member these requirements must be followed. If they are not followed and the member

is injured or killed, a line of duty determination may be accomplished by the commander. This could mean loss of benefits for medical coverage or insurance to survivors. This is a very harsh reality. The smartest thing is to just follow the rules. Do not leave your family in a bad situation just because you think wearing the proper equipment is not cool.

There are also local laws concerning riding, but we will only discuss three.

1. First and foremost: speed kills. Speed limits are determined based on a number of factors: road type, condition, and traffic spacing/sequencing. The 90th Space Wing lost a member to speeding last year and it didn't have to happen. Poor risk management and excessive speed took a young life.

2. Performing stunts: Doing front and rear wheelies, and other silly things on the highway is another good way to get injured or killed. It is not only stupid, it is illegal. Warren nearly lost another rider doing a wheelie last year. Despite running into a semi-truck, the young man was extremely lucky. However, he suffered some extremely painful injuries and totaled his bike.

3. Cutting through traffic:



Photo illustration courtesy of 90th Space Wing Safety

(Taken from WYDOT Article 31 chapter 5) "No person shall operate a motorcycle between lanes of traffic or between adjacent lines or rows of vehicles." This is extremely dangerous, because it makes it difficult, if not impossible, for drivers to see the motorcycle as it weaves in and out of view. This type of riding is a sure

recipe for disaster.

Keep these rules in mind when motorcycle riding. If you see someone violating the rules, remind them of the possible consequences. Do whatever it takes to protect your wingman from having accidents.

Let's strive to have a mishap free 101 days of summer.

6 by 3.5



Photo by Tech. Sgt. Sean Mateo White

THEY LOVE NEW YORK, BUT THEY LOVE CHEYENNE EVEN MORE

NEW YORK -- Six F-16 Fighting Falcons with the U.S. Air Force Thunderbirds aerial demonstration team fly in delta formation in front of the Empire State Building during an air show May 26. The Thunderbirds will be performing in Cheyenne during Cheyenne Frontier Days. Stay tuned to future issues of the Sentinel for more information.

Stories and reflections preserved

Operation Homecoming seeks submissions for literary anthology

Rudi Williams
Air Force Print News

WASHINGTON -- The National Endowment for the Arts has created a venue to collect and preserve the stories and reflections of servicemembers on the front lines of Iraq and Afghanistan and stateside defending the homeland.

"Operation Homecoming: Writing the Wartime Experience" is a literary anthology scheduled for publication in 2006.

The May 31 deadline is fast approaching for servicemembers and their families to submit material for possible inclusion in the

book.

"We've received 1,100 entries so far," said Sally Gifford, an NEA communications specialist.

"We'll house them all in federal archives."

"All of the writings submitted will be part of the historical record of the war. While we have a May 31 deadline for consideration in the anthology, any submissions sent after that will still be housed in the public archives."

Officials have not yet announced the location of the public archives.

The anthology will be distributed free to military installations, schools and

libraries and will be sold in bookstores.

There are no restrictions on genre -- poems, letters, personal narratives, stories, memoirs, journal writings and other literary forms are all welcome. Some works may address actual combat; others may focus on life on the home front. Some works may be personal -- a servicemember's or a spouse's attempt to capture and clarify a singularly challenging moment in life, Ms. Gifford said.

Through this program, which started in April 2004, some of America's most distinguished writers are conducting workshops

at military installations and contributing educational resources to help troops and their families share their stories, Ms. Gifford said.

"We've finished all of the domestic workshops this spring," she said. "Right now, we're conducting workshops and presentations at overseas military installations. Those presentations are comprised of writing workshops and a one-man play called 'Beyond Glory,' which is a collection of first-person accounts of men who received the Medal of Honor."

People can e-mail entries to submissions@operationhomecoming.org, or mail them to National Endowment of

the Arts, Operation Homecoming Anthology, Suite 519, 1100 Pennsylvania Avenue, NW, Washington, D.C., 20506. Submissions should be no longer than 50 typed, double-spaced, numbered pages.

Active and reserve component U.S. servicemembers, and coalition troops who served after Sept. 11, 2001, especially in operations Enduring Freedom and Iraqi Freedom are eligible to submit entries.

Their immediate families are also eligible to submit entries for consideration in the published anthology.

Fun and participation

90 SVS promotes benefits of sports to blossoming athletes

THE
CIVILIAN PAVILION

Matt Cox
Visual information

Chuck Finney has handed out dozens of baseball caps and football jerseys to Warren kids during his nine years on base.

Since 1996, Mr. Finney has used his flagship position as youth sports director, 90th Services Squadron, to promote the personal, social and fitness benefits of sports to Warren's blossoming athletes.

Since some are closer to full bloom than others – the program caters to kids between the ages of 5 and 18 – Mr. Finney and his army of volunteers offer something for everyone.

Whether youngsters want to swing for the fence, drive the green, sprint for the end zone or cheer from the sideline, Mr. Finney and his crew will gladly point the way to the baseball diamond, golf course or football field.

The program is made up of about 400 kids and more than 80 certified volunteer coaches and officials.

The Air Force created the athletic program for Warren youth in the mid-90s.

"We emphasize fun and participation," Mr. Finney said.

"The children develop self-worth, self-discipline



Photo by 1st Lt Cary Brunger

Rebecca Miller, a participant in the long jump event, goes for the gold during the Armed Forces Day youth track meet held on the Warren parade field May 21. Close to 40 Warren children competed for medals in eight events.

and [sense of] teamwork."

Although he has many volunteers, the program has only one other paid part-time civilian employee to assist Mr. Finney.

He expresses his gratitude to the volunteer corps.

"This is a very viable program and is important for the quality of life for

our servicemen and women and their families," said Mr. Finney.

The program is a great place for special needs children to enjoy an active lifestyle too, according to Mr. Finney.

"Childhood obesity is at an all-time high; parents are deployed for the war effort ... youth sports can help

produce positive results," Mr. Finney said.

He said it's imperative to keep the program's participation fees at a minimum to ensure participation is at a maximum.

"Currently, funding for additional personnel comes from increased fees to parents," he said.

The program's mission statement is: "Better sports for kids and better kids for life."

The brevity of that sentence expresses a clear message chocked full of truth; but the "better kids for life" clause is the program's ultimate goal.

By participating in baseball, tee ball, indoor soccer, flag football, golf, tennis, basketball, cheerleading and roller hockey, Warren's young athletes are learning strategies for life in every game they play.

"It's important to get your child started in physical activities and encourage an active lifestyle," said Mr. Finney.

Children of active duty, guard, reserve, retirees and

DoD civilians are eligible for the program. Fees for team sports are \$40 per child; baseball – as part of the Cheyenne junior league – is \$50 per child; golf lessons are \$25 per child, tennis lessons \$22 per child; and cheerleading and basketball camps average \$20.

"Our fees are less than those offered by the Cheyenne Parks and Recreation program and YMCA," said Mr. Finney.

90th SVS marketing specialist Lorri Welsh boasts about the program, the kids and Mr. Finney:

"Chuck has a gift for working with kids," she said.

"He's always building their self-esteem and challenging them to do their best."

Working with the kids gives Mr. Finney a sense of accomplishment; not just for him, but for the kids.

"Having the ability to make a difference in a child's life and seeing them grow and mature," leaves a lasting impression on the director.

"This is a very viable program and is important for the quality of life for our servicemen and women and their families."

- Chuck Finney, youth sports director

PARENTS: LOOKING TO KEEP YOUR KIDS INVOLVED AND ACTIVE THIS SUMMER? LOOK NO FURTHER THAN THE WARREN YOUTH SPORTS PROGRAM. VISIT THE YOUTH CENTER, 1755 PIUTE, MONDAY THROUGH FRIDAY BETWEEN 6:30 A.M. AND 5:30 P.M., CALL 773-2564 OR 773-2546, OR GO ONLINE TO [HTTP://WWW.90SVS.COM/YOUTH.HTM](http://www.90svs.com/youth.htm) TO REGISTER FOR SUMMER PROGRAMS. UPCOMING SUMMER ACTIVITIES INCLUDE: BASEBALL, TEE-BALL, GOLF, TENNIS, CHEERLEADING AND BASKETBALL CAMPS.

Airman looks forward to next deployment

QUICK FACTS

Name:
Senior Airman
Jonathan C. Stansbury

Squadron:
90th Civil Engineer
Squadron

Age: 24

Job title:
Utilities Systems
Journeyman

Hometown:
Sierra Vista, Ariz.

Time at Warren:
3 years; Recently deployed
to Kyrgyzstan as an escort
for five months.



Photo by Senior Airman Tonnelle Boyd

Senior Airman Jonathan Stansbury takes a break from base sewer maintenance Wednesday.

heat as it dries. We come in the next day and the entire foundation is on fire. Not blazing, more like a slow roast kind of fire, and it had been going all night. Turns out the heat from the cement melted a splice in the space heaters we used. The fire department was on its way, but I grabbed some extinguishers anyway just to keep it under control till they came.

What do you usually do at Warren?

Just maintaining base plumbing systems. Not glamorous, but as soon as someone's toilet backs up or a water main breaks, we're suddenly the most important people on the base.

How would you compare your duties in Kyrgyzstan to your duties here at Warren?

Boring. I'm happy to be home, and keep in mind I'm a plumber. My first day back here they put me on sewer maintenance, and I was happy to do it.

What did they have you do on your deployment?

Just sat around. That's what escort duty basically is.

What did you like about your deployment?

The people, definitely. That's usually the best thing about any assignment is the people you meet.

Tell me the most interesting thing that happened during your deployment.

One night we had to lay the foundation for the MXG building. They covered the cement with blankets and a plastic tarp because cement emits

I have to send it to California to get it resleeved. It'll be a full drag engine when I get it back.

Do you do the work yourself?

I used to. I don't have the time anymore.

What's your dream car?

1981 DeLorean, the 'Back to the Future' car. The DeLorean has way more style than anything, even the Lotus. I've dreamed about that car ever since I saw the movie when I was five.

What was your strangest utilities standby call?

Probably when a raccoon got fried on the electrical pole over by the lift station and it shorted out the circuit box. The electricians needed time to get the right relay, so I had to stay there for 12 hours manually turning the switches to pump out the wet well.

Are you going to push for another deployment anytime soon?

Anywhere, anything -- except escort duty. I hate having nothing to do. I want to keep busy.

Why, if you didn't enjoy your most recent one?

I joined the military to see the world. I want to travel. Yeah, I didn't like this deployment, but who said every time out would be fun? Maybe next time they'll have something for me to do.

Any role models?

Maybe John Sheppard, Stephen Papdakis. They're both drag racers. But it's kind of weird to consider them role models when I plan on beating their times.

Do you enjoy your job, plan on doing this when you get out? Or are you making this a career?

Don't know yet. This has basically given me six years to decide what I want to be when I grow up. I'll let you know.

I know you're very much into cars. How many cars to you currently own?

My Civic, my Accord, and my Del Sol. Since I've been here I've also owned a Renault, a Subaru, a Geo Storm, and a Cadillac.

Are any of your three cars raceable?

Just the Del Sol, as soon as we get it off the rack. It has a cracked sleeve in cylinder four.

Fishing boats ready for rental

Outdoor recreation has 14' boats with 15hp motors ready for rental. A rental requires a 1 7/8" ball, a flat four electrical connection for the lights and a completed boaters safety course. Renters are also recommended to check to see that their vehicle insurance covers rented towed vehicles. Reservations for the boats can be made up to 30 days in advance by calling ODR and guaranteed with a VISA or MasterCard. For more information, call ODR at 773-2988.

Family Day at Chadwell Dining Facility

Every Sunday is Family Day at Chadwell Dining Facility.

All active duty members may bring their family members with military ID cards to dine at Chadwell, noon to 1 p.m. Also invited are family members of the deployed.

Family members of E-1 to E-4 active duty are welcome to accompany their sponsor

to any and all Chadwell Dining Facility meal times.

Car wash special

Tired of messing around with quarters when that car of yours needs to be washed? Call or stop by the auto skills center and purchase a pre-programmed wash card.

For more information, call the auto skills center at 773-3869.

Golf 4 Kids

Kids ages 8 to 13 are invited to learn to play golf Monday to June 9, June 27 to 30 and July 11 to 14.

Participants will receive a Golf 4 Kids logo T-shirt, cap, golf towel, neon tee pack and bag tag, rules and etiquette brochures and a graduation certificate.

Children graduating from the program will get a free set of top quality junior clubs to keep. The cost is \$99.

For more information, call 773-3556.

Xtreme Bowling

Come to Warren Lanes

on Friday and Saturday nights and participate in Xtreme Bowling. Xtreme bowling includes music, laser lights, smoke machines, glow-in-the-dark shoes, pins and balls.

The cost is \$7.50 per lane/per hour. Bowl Fridays, 9:30 to 11 p.m. and Saturdays, 7 to 11 p.m.

Give Parents a Break program

Give Parents a Break is a free child care program for active duty members with children ages 6 weeks to 11 years who are under unique stress. The program is available monthly on the first Saturday, 8 a.m. to noon and third Friday, 5:30 to 9:30 p.m.

A referral must be requested from squadron commanders, first sergeants, chaplains, medical professionals, family advocacy, family support center or the child development center.

Auto skills stalls

The auto skills center now offers reservations for a patron-use stall. The stall

can be reserved one business day prior at the standard rate of \$3 per hour.

One stall will be available for reservations will not include a lift.

Reserved stalls will be held until five minutes after the reserved time then released to waiting patrons.

All other stalls will continue to be offered on a first come first serve basis.

For more information, contact 773-3869.

Photo studio

Make an appointment for a family portrait and receive a 15 percent discount on the framing of any portrait you have done.

For more information or to make an appointment, call 773-3754.

Father's Day Sports Challenge

The Father's Day Sports Challenge is scheduled for 9 a.m. to noon, June 19 at the all purpose field by Freedom Hall.

The challenge includes free-throw contests, three-legged races and long-ball

challenge. Trophies will be awarded to first and second place winners in each event.

Sign up at Freedom Hall or on the day of the event.

Yard signs

Is someone you know having a birthday or enjoying a new bundle of joy? Help them celebrate with a yard sign.

The cost is \$5 per day or \$25 per week.

For more information, call the wood skills center at 773-3166.

Essay contest

Club members, your essay could win you up to \$6,000 toward your college education.

To enter, write and submit an essay of 500 words or less on "My Hero, and Why."

For more details visit the club and pick up a brochure or visit www.afsv.af.mil/clubs. All participants must be club members.

Applications for the essay contest are available at the Trail's End Club.

6 by 6

Personnel Reliability Program is everyone's responsibility

Question: Who is subject to continuous evaluation of their reliability and are responsible for complying with the intent of PRP while away from their duty station (e.g., TDY, leave, and passes)?

Answer: The responsibility for ensuring continuous eligibility rests with each individual involved with PRP. Ref AFI 36-2104, paragraph 1.13.

Look for general knowledge questions and answers every week in the Sentinel, courtesy of the base PRP office.

DID YOU RECENTLY RECEIVE A REFERRAL FROM YOUR MEDICAL GROUP PROVIDER TO GO DOWN TOWN?

1. Ensure your address is updated in DEERS at the Military Personnel Flight/Customer service or by going to <https://www.dmdc.osd.mil/appj/address/index.jsp>. This is to ensure you receive your authorization letter.
2. If your medical group provider feels it is necessary to be seen by a specialist, they will type up a referral.
3. You may proceed to TriCare Operations Patient Administration Flight (in the MTF) to have the referral approved and the specialty appointment made.
4. A letter will be sent to you approximately 10 business days after your medical group appointment.
5. If you have not received a letter in 10 business days, call 1-888-TRI-WEST for your authorization number
6. If the letter is incorrect or you have questions, please contact the TOPA Flight at 773-3011.

If you receive a bill or have claims questions, call 1-888-TRIWEST.

If you are a TRICARE For Life beneficiary with claims questions, call 1-866-773-0404.



Photo by Lorri Welsh

NEED FOR SPEED

Carroll Sharratt, Warren Golf Club director of golf, inspects the 52 new golf carts received at the golf course last week. The golf carts were purchased through the Air Force Golf Cart Lease program. The new carts will be used for six years, until 2010, at which time they will be traded in to purchase a new fleet.